

Happiness

11.5

HOMEMADE GF BUCKWHEAT GRANOLA SERVED WITH FRESH POACHED FRUITS, COCONUT YOGURT AND MIXED BERRIES (VG.N.GF.SU)

Balance

11.5

OVERNIGHT SPICED APPLE AND BEETROOT OATS SERVED WITH COCONUT MILK, SLICED BANANA, POACHED SEASONAL FRUITS, HOMEMADE GF BUCKWHEAT GRANOLA (VG.GF.N)

Perseverance

9

**EGGS AS YOU LIKE SERVED ON SOURDOUGH OR GF BREAD WITH VINE CHERRY TOMATOES (CE.G.GFO)
+ VEGAN SAUSAGE 3.75 + SMOKED SALMON 4.75 + AVOCADO 3.25**

Joy

13.25

**SMASHED AVOCADO TOAST WITH SUPERSEED MIX, MICROGREENS ON SOURDOUGH OR GF BREAD (VG.G.GFO)
+ EGGS AS YOU LIKE 3.75 + SMOKED SALMON 4.75**

Sweetness

13.5

**CHIA AND OAT GF WAFFLES WITH A HOMEMADE BERRY DATE CARAMEL SAUCE, CRUSHED PISTACHIO, FRESH BERRIES AND SLICED BANANA (VG.SS.GF.N)
+ EXTRA DATE BERRY CARAMEL 2.5 + ALMOND BUTTER 2.5**

ALLERGEN GUIDE:

CELERY-(C), GLUTEN-(G), MUSTARD-(M), NUTS-(N), PEANUTS-(PN), SESAME-(SS), SULPHATES-(SU),
SOYA-(SY), FISH-(CF), EGGS-(CE), VEGAN-(VG), GLUTEN FREE-(GF), GLUTEN FREE OPTION-(GFO),
NUT FREE OPTION-(NFO)

NOTE: PLEASE BE AWARE THAT OUR DISHES ARE PREPARED IN A KITCHEN WHERE ALLERGENS ARE PRESENT THROUGHOUT.
WE CANNOT GUARANTEE THAT ANY DISHES OR DRINKS WILL BE FREE FROM TRACE INGREDIENTS.
PLEASE LET YOUR WAITER KNOW IF YOU HAVE ANY ALLERGENS OR INTOLERANCES.
AN OPTIONAL 12.5% DISCRETIONARY SERVICE CHARGE WILL BE ADDED TO YOUR BILL.

Power

GF BLUE SPIRULINA BLUEBERRY PANCAKES SERVED WITH A BLUE COCONUT YOGURT AND MAPLE SYRUP (VG.GF.N) 13.5
+ EXTRA MAPLE SYRUP 2.5

Love

REFRESHING ACAI BOWL MADE WITH FROZEN ORGANIC ACAI PUREE, BANANAS and MIXED FRUIT BASE, TOPPED WITH YEOTOWN HOMEMADE GRANOLA, ALMOND BUTTER, FRUIT AND SEEDS. (VG.GF.N) 13.5

Calm

YEOTOWN ROYALE WITH A GF HOMEMADE CHIA AND OAT ENGLISH MUFFIN, SMOKED SALMON, POACHED EGG (OR VGO:SEARED TOFU) AND A VEGAN CASHEW HOLLANDAISE SAUCE (VGO.N.M.CE.GF) 15
+ AVOCADO +3

Yeotown English Breakfast

EGGS AS YOU LIKE, VEGAN SAUSAGE, HOMEMADE BAKED BEANS MIX, SAUTEED MUSHROOMS, SPINACH, POTATOES, CHERRY TOMATOES WITH SOURDOUGH TOAST. (G.GFO.VGO.SY) 17

Gratitude

CLASSIC PREMIUM PORRIDGE IN OAT MILK TOPPED WITH YEOTOWN GRANOLA, MIXED BERRY COMPOTE, FRUIT & SEEDS. (V/N/GF//NFO) 11.5

Extras

AVOCADO 3.25 EGG 2.5 SMOKED SALMON 4.75 POTATO ROTI 4.25

BOWL OF MIXED FRUITS 5.5 HOMEMADE BAKED BEANS MIX 3.75

SLICE OF SOURDOUGH or GLUTEN FREE TOAST 3 ALMOND BUTTER 2.5

HOMEMADE CHIA JAM 2.5 VEGAN SAUSAGE 3.75 MAPLE SYRUP 2.5

The Yeotown menu is dairy-free, meat-free and refined sugar-free. Most of our dishes are gluten-free or have a gluten-free option.

